

Scope and Background Information for the Healthy Eating, Activity and Exercise Scrutiny Review.

Background to this review

On 5 November 2019 the O&S Commission commissioned a scrutiny review to contribute to the Council Plan by scrutinising weight management services provided within Bracknell Forest and respond to an observed underperformance in the Q1 Quarterly Service Report.

Work Programme Proposal	
Review title:	Healthy Eating, Activity and Exercise
Why are you asking for scrutiny's input? (optional)	To contribute to the Council Plan and in response to an observed underperformance in the Q1 QSR 4.3.07
Scope <i>(What exactly needs to be looked at?)</i>	To contribute to and provide effective input into the development of a weight management strategy by: '- Investigating the emphasis given to physical activity and weight management services '- Reviewing the role of Leisure Services '- Investigating the links between physical health and mental health '- Reviewing opportunities for joint working
What is to be achieved?	Providing effective input into the development of a Weight Management Strategy
Council theme <i>(Select one option from drop down list)</i>	Caring for you and your family
Decision maker <i>(Select one option from drop down list)</i>	Councillor D Birch, Executive Member for Adult Services, Health and Housing
Time Constraints	January/February 2020 - Strategy to be agreed in April 2020
Portfolio holder <i>(Select one option from drop down list)</i>	Councillor D Birch, Executive Member for Adult Services, Health and Housing
Directorate <i>(Select one option from drop down list)</i>	People
Which team is affected?	Public Health

Please note: The scope should say “To contribute to and provide effective input into the development of a weight management strategy....”

- The topic was suggested at the workshop of the ASCH&H O&S Panel in July 2019.
- The current Bracknell Forest [Seamless Health 2016 to 2020 Health and Wellbeing strategy](#) is being re-written in 2020. This review will contribute to that new strategy.

Situation:

There is an observed underperformance in the Q1 QSR 4.3.07 for 2019/20 which is amber RAG rated as at 30/06/2019. An amber RAG rating is where performance is causing concern. It is identified that the stage of Health Improvement Services is 'in progress' with a due date of 30/03/2020 but that the percentage complete stands at 0%. The comment narrative indicates that physical activity and weight management services continue to be provided as an element of health improvement. Bracknell Forest do not currently have a weight management strategy in place.

Objectives. What do we want to achieve from this review?

To examine and scrutinise the observed underperformance in the Q1 QSR for weight management in the Borough.

To contribute to the Council Plan by providing effective, evidence based input into the development of a Health and Wellbeing Strategy with a focus on healthy eating, activity and exercise.

To provide indications of financial and resourcing implications for any recommendations made as a result of this review.

Strategy. Broadly what are we doing?

By scrutinising the current provision of weight management services, healthy eating, activity and exercise levels within Bracknell Forest, we will contribute to the Council Plan and provide constructive, evidence based input into the development of a health and wellbeing strategy that fulfils the Council's legal obligations and provides effective and sustainable services to residents of the Borough.